



# Tara Health Centre

For Total Health A.B.N. 76 063 231 989

384-386 Oxford Street, MT.HAWTHORN W.A. 6016 AUSTRALIA

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## ORGANIC SUPPLIERS

(We are always on the lookout for more Organic suppliers, so if you discover one not on this list, please let us know.)

AREA	NAME	PHONE/FAX	ADDRESS & DELIVERY DETAILS
ALL AREAS	<i>Freshline Organics</i>	Ph: 9284 6503 Fax: 9284 6504	Home delivery: <a href="http://www.freshlineorganics.com.au">www.freshlineorganics.com.au</a> Deliveries made Wed, Thurs and Fridays. <a href="http://www.freshline.com.au">www.freshline.com.au</a>
BAYSWATER	<i>Alive Organics</i> <i>Mon - Fri 8.30am - 5.30pm</i> <i>Sat mornings</i>	Ph: 9371 9903 Fax: 9371 9905	28 Drynan St BAYSWATER WA 6053 <a href="http://www.aliveorganics.com.au">www.aliveorganics.com.au</a>
BEDFORDALE	<i>Black Sheep Organics</i>	Ph: 9399 1775	124 Albany Highway BEDFORDALE WA
BELDON	<i>An Organic Experience</i>	Ph: 9402 3094	3 Lockeville Close BELDON WA 6027 <a href="http://www.anorganicexperience.com.au">www.anorganicexperience.com.au</a>
BELMONT	<i>Stay Healthy - Belmont</i> <i>Mon - Wed 8.30am to 5.30pm</i> <i>Thurs 8.30am to 9pm</i> <i>Sat 8.30am to 5pm</i>	Ph: 9277 3839	Shop 82 Belmont Shopping Centre BELMONT FORUM WA 6104 (dry packaged goods only)
BROOME	<i>Pandanus Pantry</i> <i>Mon - Fri 9am to 5.30pm</i>	Ph: 9192 1217	PO Box 1542 (dry packaged goods only)
CANNINGTON	<i>Organic Valley WA</i> <i>Tues - Fri 8am to 6pm</i> <i>Sat - 8am to 1pm</i>	Ph: 9356 3856	391 Welshpool Road WELSHPOOL <a href="http://www.organicvalley.com.au">www.organicvalley.com.au</a>
CANNING VALE	<i>Western Bio-Organics</i> <i>Wholesale only</i>	Ph: 9456 3290 Fax: 9456 3292	W3 Door 5 & 7 Market City CANNINGVALE WA
	<i>Eco Farms Pty Ltd</i> <i>Mon, Wed, Fri 5.30 to 1pm</i> <i>Tues &amp; Thurs 7am to 12.30pm</i>	Ph: 9456 4105	Whouse E2, Unit 5 Market City BANNISTER ROAD CANNINGVALE WA

<b>CARABDA</b>	<b><i>Ecoherbs</i></b>	Ph: 9561 8050	377 Karoborup Road (north) CARABDA
<b>CARINE</b>	<b><i>Healthy Life</i></b> <i>Mon - Sun 9am to 6pm</i>	Ph: 9447 9933	Shop 20 Carine Shop, Ctr Beach Road CARINE WA 6020 (dry packaged goods only)
<b>COMO</b>	<b><i>Loose Produce</i></b> <i>Mon - Fri 9am to 5.30pm</i> <i>Sat 9am to 4pm</i>	Ph: 9474 9100	2 Hobbs Avenue COMO WA 6152 <a href="http://www.looseproduce.com">www.looseproduce.com</a>
<b>COTTESLOE</b>	<b><i>Boatshed Markets</i></b> <i>7 days a week 6.30am to 8pm</i>	Ph: 9284 5176	40 Jarred St COTTESLOE WA 6011 (dry packaged goods only)
	<b><i>Natures Harvest</i></b> <i>Mon - Fri 8.30am to 5.30pm</i> <i>Sat 9am to 5pm</i>	Ph: 9384 8900	20 Napoleon St COTTESLOE WA 6011 (dry packaged goods only)
	<b><i>The Well Within</i></b> <i>Mon - Fri 9.30am to 5pm</i> <i>Sat 10am to 3pm</i>	Ph: 9286 3133	17 Napoleon St COTTESLOE WA 6011 (dry packaged goods only)
<b>DARLING DOWNS</b>	<b><i>Mimsbrook Farm</i></b> <i>Wed, Thurs, Fri 10am to 5pm</i> <i>Sat &amp; Sun 9am to 3pm</i>	Ph: 9497 1412	65 Keenan St DARLING DOWNS PERTH WA 6122 Open Fridays 10am-3pm and Saturdays by appointment
<b>DENMARK</b>	<b><i>Aphrodites</i></b>	Ph: 0848 1365	South Coast Highway DENMARK WA 6333 (Licenced restaurant & major retailer)
<b>DUNCRAIG</b>	<b><i>Torre &amp; Mordini Butcher</i></b> <i>7 days 8am to 5pm</i>	Ph: 9246 2399	473 Beach Road DUNCRAIG WA Orders organic meat once a fortnight
	<b><i>Mr Fresh</i></b> <i>(inside Carine Glades Shpg Cntr)</i> <i>7 days 8am to 8pm</i>	Ph: 9447 4066	4736 Beach Road DUNCRAIG WA

<b>DUNSBOROUGH</b>	<i>Dunbororough Home Of Health</i> Mon - Fri 9am to 5.30pm, sat 9am to 5pm	Ph: 9756 8188	Shop 28d, 55 Dunn Bay Road DUNSBOROUGH WA
	<i>The Fruit Shak</i> Mon to Sun 8.30am to 5.30pm	Ph: 9756 7114	55 Dunn Bay Rd DUNSBOROUGH WA <a href="http://www.fruitandvegshak.com.au">www.fruitandvegshak.com.au</a>
<b>EAST CANNINGTON</b>	<i>Organic Valley</i> Thurs & Fri 8am to 6pm Sat 8am to 1pm	Ph: 9356 3856	391 Welshpool Road EAST CANNINGTON <a href="http://www.organicvalleywa.com.au">www.organicvalleywa.com.au</a>
<b>EAST PERTH</b>	<i>Perth City Farm</i> <i>Organic Growers Market</i> Tues, Wed 8.30am to 4.30pm Fri & Sat 8.30am to 12.00noon	Ph: 9325 7229 Fax: 9325 7210	1 City Farm Place (Lime Street, off Royal St) EAST PERTH WA <a href="http://www.cityfarmperth.org.au">www.cityfarmperth.org.au</a> <a href="mailto:info@cityfarmperth.org.au">info@cityfarmperth.org.au</a> (fruit, veg, meat, eggs and more)
<b>EAST VICTORIA PARK</b>	<i>Mimsbrook Farm &amp; Café</i>		65c Etwell St EAST VICTORIA PARK
<b>FORRESTFIELD</b>	<i>Organic Growers Accoc. of Aust</i>	Ph: 9453 1783 or 0438918959	100 Bougainvillea Avenue FORRESTFIELD WA
<b>FREMANTLE</b>	<i>Bodhi's Bakehouse</i>	Ph: 9335 5582	11 Ellen Place FREMANTLE WA 6160
	<i>Manna Health Foods</i> Mon - Fri 8am to 6pm Sat 8.30am to 4pm Sun 10am to 4pm	Ph: 9335 7995	274 South Terrace FREMANTLE WA 6160 (major retailer)
	<i>Mr Organic</i> (previously at Fremantle Markets)	Ph: 0418957953 or 9410 2325 Fax: 9410 2391	Home delivery at market prices <a href="mailto:mr_organic@bigpond.com">mr_organic@bigpond.com</a>
<b>FREMANTLE</b>	<i>Peaches Fresh Food Market</i> 7days 8am to 7pm	Ph: 9430 5025	195 Hampton Road FREMANTLE WA 6160 (major retailer)
	<i>Sunny Wholefoods</i>	Ph: 9339 1503	Shop 8 Fremantle Markets FREMANTLE WA 6160 (fresh fruit & veg)

<b>FREMANTLE</b>	<i>The Organic Collective</i>	Ph: 9331 5590	Home deliveries Fremantle, Mosman Park and south of the river. Contact Damien/Bernie <a href="http://www.organiccollective.com.au">www.organiccollective.com.au</a>
	<i>Summer Fruit &amp; Veg Market</i>		Fremantle Oval Friday 8am - 8pm Saturday 8.am - 4pm
<b>GWELLUP</b>	<i>Absolutely Organic</i>	Ph: 242 7711	782 North Beach Road GWELLUP WA 6018 (major retailer) <a href="http://www.absolutelyorganics.com.au">www.absolutelyorganics.com.au</a>
	Mon - Wed 9am to 1pm Tues - Fri 9am to 6pm Sat 9am to 1pm		
<b>HELENA VALLEY</b>	<i>At Source Organics</i>	Ph: 9255 1401	
<b>HILLARYS</b>	<i>Whitford Health Foods</i>	Ph: 9307 6677	Shop 32, Whitfords City Shpg Centre HILLARYS WA 6025 (fresh fruit & veg)
<b>INGLEWOOD</b>	<i>Mondo Di Carne Butchers</i>	Ph: 9371 6350	824 Beaufort Street MT LAWLEY WA 6052
<b>JANDAKOT</b>	<i>Garden Organics</i>	Ph: 9417 3282	Cutler Road JANDAKOT WA 6164
<b>KALLAROO</b>	<i>Organic N Green</i>	Ph: 9402 3094	5/3 Adalia St KALLAROO WA <a href="mailto:sales@organicngreen.com.au">sales@organicngreen.com.au</a> can deliver, online ordering
<b>KALGOORLIE</b>	<i>Switch Organics</i>	Ph: 9091 2658	229 Hay St KALGOORLIE WA (major retailer)
	<i>Kylie's Organic Food Deliveries</i>	Ph: 089091 2661	Can deliver in Kalgoorlie area
<b>LATHLAIN</b>	<i>Green Bean Organic Café</i>	Ph: 9361 8806	25d Gallipoli Street LATHLAIN
<b>MANJIMUP</b>	<i>Herriot Wines</i>	Ph: 9772 1048	PO Box 1359 MANJIMUP 6258

<b>MALAGA</b>	<b><i>Organic Foods Australia</i></b>	Ph: 9248 4506	Unit 2/8e Alexander Drive MALAGA WA 6945 (major retailer)
	<i>Tues 11am to 4pm</i> <i>Wed - Fri 9am to 4pm</i> <i>Sat 9am to 12noon</i>		
	<b><i>Riverdale Organics Australia</i></b>	Ph: 9248 4371	Shop 105 Malaga Markets MALAGA WA
<b>MANNING</b>	<b><i>GNLD Organic Supplements</i></b>	Ph: 9375 3636	Dianella MANNING
	7 days by appointment	Fax: 9450 6585	
	<b><i>Organic Farmers Market</i></b>	Ph: 0417188363	Clontarf Campus Opposite Curtin University Manning Road MANNING
	Saturday 8am - 1pm		
	<b><i>Blooming Best</i></b>	Ph: 0411590808	
<b>MELVILLE</b>	<b><i>Precious Organics</i></b>	Ph: 9317 7333	<a href="mailto:enquires@preciousorganics.com.au">enquires@preciousorganics.com.au</a> <a href="http://www.preciousorganics.com.au/">www.preciousorganics.com.au/</a>
<b>MORLEY</b>	<b><i>Stay Healthy - Morley</i></b>	Ph: 9276 4306	Shop 41 Galleria Shopping Centre MORLEY WA 6062 (dry packaged goods only)
<b>MT CLAREMONT</b>	<b><i>Mt Claremont Farmers Markets</i></b>		Cnr Alfred Road & Davies Rd MT CLAREMONT WA
<b>MT LAWLEY</b>	<b><i>Mt Lawley Wholefoods</i></b>	Ph: 9227 9072	634 Beaufort St MT LAWLEY WA 6050 Deliveries to metro and country areas (major retailer) <a href="http://www.mtlawleywholefoods.com.au">www.mtlawleywholefoods.com.au</a>
<b>MUNDARING</b>	<b><i>Country Organics Wholefoods &amp; Café</i></b>	Ph: 9295 0909	61 Great Eastern Highway MUNDARING WA (mundaring retailer & café)
	<b><i>Hills Fresh</i></b>	Ph: 9295 2700	Great Eastern Highway
<b>MYAREE</b>	<b><i>Precious Organics</i></b>	Ph: 9317 7333	Shop 7 Myaree Shopping Centre 454 Marmion Street MYAREE <a href="http://PreciousOrganics.com.au">PreciousOrganics.com.au</a>

NORTH PERTH	<b><i>Organic On Charles</i></b> <i>Mon - Fri 9am to 6pm</i> <i>Sat 9am to 5pm</i>	Ph: 9227 7755	Shop 7 299 Charles St NORTH PERTH <a href="http://www.organiconcharles.com.au">www.organiconcharles.com.au</a>
OSBORNE PARK	<b><i>Watergardens</i></b> <i>Mon - Fri 9am to 5.30pm</i> <i>Sat 9am to 5pm</i>	Ph: 9443 7993	14 Drake Street OSBORNE PARK WA
OSBORNE PARK	<b><i>Kailis Organic Olive Groves</i></b>	Ph: 9201 9066	14 Neil Street OSBORNE PARK WA <a href="http://www.kalisorganic.com">www.kalisorganic.com</a>
PERTH	<b><i>People &amp; Animal Welfare Soc</i></b> <i>Tues - Fri 11am to 4pm</i> <i>Sat 10am to 2pm</i>	Ph: 9228 2435	112-114 Beaufort St PERTH <a href="http://www.paws.org.au">www.paws.org.au</a>
	<b><i>The Organic Collective</i></b>		Delivers Perth Metro Area <a href="http://www.theorganiccollective.com.au">www.theorganiccollective.com.au</a>
PICKERING BROOK	<b><i>High Vale Bio-Dynamic Farm</i></b> <i>Thurs 9am to 4pm</i> <i>Sat 10am to 2pm</i>	Ph: 9293 8217	35 Merrivale Road PICKERING BROOK WA <a href="http://www.highvale.com">www.highvale.com</a>
ROLEYSTONE	<b><i>Earthbound Organics</i></b>	Ph: 9397 7899	1 Soldiers Road ROLEYSTONE WA
SOUTH FREMANTLE	<b><i>Manna Wholefoods</i></b> <i>Mon - Fri 8am to 6pm</i> <i>Sat 8.30am to 4pm</i> <i>Sun 10am to 4pm</i>	Ph: 9335 7995	274 South Terrace SOUTH FREMANTLE WA 6160 (major retailer)
SUBIACO	<b><i>Subiaco Markets</i></b>		Market Street SUBIACO (fresh fruit & veg)
	<b><i>Subiaco Farmers Market</i></b>		Subiaco Primary School Bagot Road (fresh fruit, veg & meat plus more)
WANNEROO	<b><i>Organic n Green Shop &amp; Café</i></b> <i>Tues - Fri 10am to 4pm</i> <i>Sat - Sun 10am to 2pm</i>	Ph: 9405 9670	617 Wanneroo Road WANNEROO WA
WATTLEUP	<b><i>Mr Organic</i></b> <i>Fri 8am to 8pm</i> <i>Sat &amp; Sun 9am to 6pm</i>	Ph: 0418957953 Fax: 9410 2325	WATTLEUP
WILLETTON	<b><i>Go Vita!</i></b>	Ph: 9332 3920	Shop 31 Southlands Boulevard WILLETTON WA
YOKINE	<b><i>Fresh Stop</i></b>	Ph: 9242 1640	Dogswamp Shopping Centre 6 Wanneroo Road YOKINE

*If you know of any other Organic suppliers, please let us know so that we can add them to this list.*