

General Information about our holistic therapy concept

**Dear Patient,
Dear Reader,**

Welcome to our clinic! We are very pleased that you have chosen biological medicine as your method of treatment and we thank you for placing your confidence in us.

Before you begin your treatment, we would like to inform you about the most important aspects of our holistic therapy concept. In view of the current legal situation, we need to provide you with the following information because - regardless of the method of treatment chosen - unforeseen complications may arise in isolated cases.

When complications arise during a course of holistic therapy, the reason may be perceived to be the absence of conventional medical treatment and, from the conventional medicine point of view, the holistic therapy may be judged unsuitable. For this reason, after your doctor has explained the treatment to you, you must make a conscious decision whether or not to undergo our therapy, whereby you assume the responsibility for your decision. By no means will we advise you against continuing conventional medical treatment if you consider this to be appropriate or necessary. Before booking your first appointment with one of our doctors, please sign this document and return it to us, together with the completed questionnaire.

If you have any queries, please do not hesitate to contact our staff. For your first consultation we allow sufficient time to explain the different stages of treatment in detail.

Our doctors are recognised by all Swiss health insurance companies, which means that consultations at our clinic will be reimbursed by your health insurance. However, special examinations and treatments according to the principles of biological medicine are only partially covered by your supplementary insurance. The same applies to medicines prescribed by us. For this reason, you will receive two separate invoices from us: one invoice for treatment that is reimbursable by your health insurance, and a second invoice for all other services.

If you are unsure of the extent of your financial outlay for treatment, we will be pleased to send you a cost estimate.

1. Biological medicine

Holistic medicine (also known as physiological regulating medicine) treats the whole person. The patient's symptoms are always considered to be the outward expression of an underlying dysfunction that can be remedied by stimulating the body's own regulatory forces. We search for the root causes of the patient's disease in order to give the body a chance to heal itself. This is why we give top priority to improving the patient's general metabolism, together with detoxification, purification and the latest methods of immunostimulation, as well as other stimulating therapies.

Paracelsus biological medicine aims at strengthening the whole personality, so that diseases and susceptibility to disease can be combated by the patient's own organism. For this reason, our doctors dispense with many of the "suppressive" methods of conventional medicine. They only use such methods in emergencies, because they weaken the body's natural healing capacity. We are also slower to recommend certain operations, preferring first of all to apply our holistic therapy concept.

As our patient, you are making a commitment in the interests of your health. With your cooperation and the Paracelsus staff's input of experience and know-how, susceptibilities can be detected and the course of the disease reversed.

2. Dental treatment according to holistic principles

We aim to offer dental cleansing treatment that your body will tolerate. For this reason our dentists avoid using chemical remedies such as antibiotics, cortisone etc. We mainly employ homeopathic medicines to alleviate pain and swelling.

Through their roots, the teeth are linked to various meridians (the pathways through which the body's energy flows), so that they have a profound effect on the whole organism. In addition, some of the materials used in dental fillings can be toxic and thus provoke a number of problems.

Our dentists place great value on these links and avoid using toxic (poisonous) substances. In particular, they do not use amalgam. The Paracelsus Clinic Lustmühle is the only competence centre in Switzerland where amalgam and other toxic dental materials are gently removed according to the latest methods, concurrently with the detoxification of the body.

Based on our many years of experience, we basically do not offer root canal therapy. Dead teeth are not well tolerated by the body and may even cause damage to health. For this reason, our dentists usually recommend the removal of all dead teeth and those that have undergone root-canal therapy. This operation may also be carried out preventively according to the principles of holistic medicine.

3. Confirmation of agreement

I have read the description of the most important aspects of your holistic therapy concept and have taken note of the contents.

I wish to receive treatment according to the principles of biological medicine as described above and kindly request you to arrange a preliminary consultation during the next 10 working days.

The place of jurisdiction for any conflicts arising from this agreement is CH-9053 Teufen/AR, Switzerland.

Surname

First name

Date of birth

Place / date

Signature

We offer the following

Outpatient care and clinic for holistic medicine and dentistry

Naturopathic diagnostics and therapy, combined with orthodox medical diagnostics, under medical direction

- Interference and focus elimination, neural therapy
- Holistic dentistry and amalgam diversions
- Detoxification treatments, intestinal rehabilitation, colon hydrotherapy
- Mineral content analyses from hair, blood, urine
- Elimination of toxic afflictions
- Homeopathic therapies / Isopathic + immunobiological therapies
- Orthomolecular therapy
- Bioresonance therapies, allergy clarifications and therapies
- Fungal + endobiontic afflictions: elimination and therapies using Dr. Enderlein's darkfield microscopy
- Regulation thermography
- alimentary therapeutics, diet cures
- Acid-base therapies, ozone therapies
- Biological therapy, manual therapy (myoreflex therapy)
- Preparation of naturopathic remedies and homeopathy
- X-ray diagnosis, including orthopantomographies, EKG, ergometry, pulmonaryfunctions, hematology laboratory
- Chelation therapy (special method, combined with Sanum and homeopathic medicaments)
- Far infrared Sauna
- Full body hyperthermia (fever therapy), local hyperthermia
- Cell therapy
- Biological pharmacy

Patient Questionnaire

Your answers on this questionnaire are important for the planning of our therapies. Please take your time and answer as accurate as possible. If there is not enough space for your entries, please add a separate page.

Surname _____ First Name _____
Street Address/P.O. Box _____
City _____ State/Zip Code _____
Phone private _____ Phone business _____ Mobile _____
Fax _____ Date of birth _____ e-mail _____
 married single Occupation _____
Children (Number, Age) _____ Today's date _____

1. Which is your main health problem?

↓ *please leave blank* ↓

2. Do you suffer presently from other diseases or symptoms?

3. What kind of diseases, operations, injuries and accidents have you had in your life? (list chronologically)

4. Are there any diseases and disturbances in your family?

5. Are there any stress factors or burdens in your social environment?

6. Are you on medication at present? Please list them.

Other questions (please mark the appropriate fields)

Weight: _____ kg _____ lbs Height: _____ cm

	<u>normal</u>	<u>low</u>	<u>high</u>
blood pressure	o	o	o

	<u>yes</u>	<u>no</u>
Sleep disturbances	o	o
Tooth problems	o	o
Amalgam fillings	o	o
Root canal fillings	o	o
Heart + breathing problems	o	o
Disturbances of bladder or genitals	o	o
Allergies	o	o
Psychological problems	o	o
Are you vegetarian?	o	o
Do you smoke?	o	o
Do you have any mobility problems?	o	o
Do you have difficulties to use the stairs?	o	o
Will you require our wheelchair during your stay?	o	o
Do you have back pains?	o	o
Do you have digestive problems?	o	o

Alcohol consumption per day: _____

Which doctors are you seeing presently? _____

Who is your biological post-treatment practitioner? _____

To whom do you want us to send the final report? _____

How did you learn about the Paracelsus Clinic? _____

Recommended accommodations in Teufen and St. Gallen

For individual hotel recommendations, please contact the reception desk at the clinic by telephone at +41 71 335 71 71 or via E-Mail at info@paracelsus.ch

Hotels in Teufen all with free bus transfer to the clinic

Hotel Säntis ** CH-9053 Teufen	Phone	+41 71 333 33 55	e-Mail	info@hotelsaentis.ch
	Fax	+41 71 333 49 36	Web	www.hotelsaentis.ch
	Mobile:	+41 79 285 36 66		

A friendly small hotel, coordinating the needs of patients at the Paracelsus clinic. **Close co-operation with the Paracelsus Clinic Lustmühle.** No smoking. Vegetarian whole food, large breakfast and evening buffet, very quiet and convenient, beautiful views of the alps, with balcony or garden. 10 walking minutes from the train station in Teufen. All Paracelsus Clinic special cures offered at the hotel.

Hotel zur Linde *** CH-9053 Teufen	Phone	+41 71 335 07 37	e-Mail	info@hotelzurlinde.ch
	Fax	+41 71 335 07 38	Web	www.hotelzurlinde.ch

Comfortable hotel with public restaurant. 5 walking minutes from the train station in Teufen.

Pension Alpenheim CH-9053 Teufen	Phone	+41 71 333 12 24	e-Mail	alpenheim@bluewin.ch
	Fax	+41 71 333 17 70	Web	www.pension-alpenheim.ch

Simple comfort. Breakfast pension with cooking options. No smoking. With views of the alps.

see next page for accommodations in St. Gallen

Hotels in St. Gallen Higher accommodation prices, but convenient, in the center of the city of St. Gallen. **No clinic bus transfer and no hotel bus available!** Train transfer to the clinic approx. 15 minutes (starting from stop Lustmühle to the Paracelsus Clinic takes 4 walking minutes.)

Hotel Metropol *** CH-9000 St. Gallen	Phone	+41 71 228 32 32	e-Mail	info@hotel-metropol.ch
	Fax	+41 71 228 32 00	Web	www.hotel-metropol.ch

Comfortable hotel. Near train and taxi station. Conveniently located in the center of St. Gallen. Very good restaurant.

Hotel Einstein **** CH-9000 St. Gallen	Phone	+41 71 227 55 55	e-Mail	hotel@einstein.ch
	Fax	+41 71 227 55 77	Web	www.einstein.ch

Very noble hotel. In the center of St. Gallen.